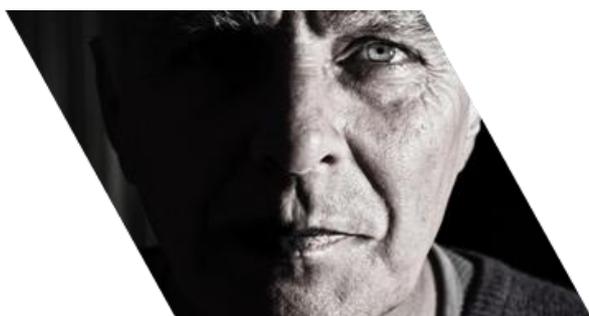


## Second BRAMIR Project Output: Psychographic Profiling Tools

When matching volunteer seniors with migrant participants, the BRAMIR project team aims at creating lasting bonds between both parties. To achieve this goal, a set of Psychographic Profiling Tools based on the Myer-Briggs personality test as well as a complementary questionnaire have been elaborated.

Following the guideline provided by the projects output, each partner organisation will firstly encourage seniors and migrant to volunteer in the BRAMIR project and secondly ask them to complete the Myer-Briggs test which is available online for free in all partner languages. Participants will receive one of 16 possible personality profiles relating to four pairs of character preferences: Intuition/Sensing, Feeling/Thinking, Introversion/Extraversion, and Perception/Judging. Not only does the personality test help to verbalise various characteristics of a person, it also allows a first matching of participants into sustainable learning partnerships. Thirdly, the additional questionnaire created by the BRAMIR project team enhances the success of the matching process even more by asking practical questions about the lifestyle of participants.

It is advised to match persons with similar personality profiles and interests, but it is crucial to keep in mind that even if two persons receive the same personality type, they will still be different individuals due to genetics, experiences, interests, and many other factors. The Myer-Briggs test allows to access personal tendencies, which can help to learn more about oneself and the communication patterns with other people. This could lead to a more open mind and more nuanced intercultural awareness.



## Fourth BRAMIR Project Output: Train-the-Trainer Curriculum

During the past months, the BRAMIR project team has been developing the contents of the Train-the-trainer curriculum which is focusing on building social and civic competences of senior volunteers. While elaborating the curriculum, an emphasis was put on methodological approaches that reflect the learning preferences and learning styles of the target group. Additionally, the project team collected feedback on all aspects of the curriculum from national stakeholders in each partner country.

Overall, a total of 150 hours of training have been developed, including 8 modules that can be implemented in a flexible fashion, each focusing on different aspects and skills necessary for the work with an intercultural audience. The training consists of traditional face-to-face workshops featuring mainly exercises and practical activities as well as tons of high quality online materials in relation to the defined learning outcomes per module. These resources build the basis for the self-directed learning activities of senior volunteers and they will all be available on the E-learning platform of the BRAMIR project. To ensure that all volunteers will be able to work with the digital resources, the BRAMIR project has dedicated one module of the training programme exclusively to fostering basic IT skills in seniors.

The BRAMIR train-the-trainer curriculum consists of an introduction and an overview, followed by a detailed tutor manual which presents each module using a clear step-by-step guidance for implementation. For each module, concrete learning outcomes are defined which allow trainers to choose the contents according to their individual group of senior volunteers. The Curriculum is completed by the BRAMIR Toolkit of Train-the-trainer resources that offers materials, including activities, hands-on content, worksheets and templates. The BRAMIR curriculum will be available in all partner languages.

Each module consists of 5 hours face-to-face facilitated learning as well as 13 hours of self-directed learning activities. Additionally, 6 hours of assessment are calculated.

1. Intercultural Awareness, Understanding and Communication
2. Relationships and Interpersonal Skills
3. Personal Effectiveness and Self-Management
4. Critical Thinking and Problem Solving
5. Communication, Language and Group-work Skills
6. Facilitation Skills
7. Tutoring Skills
8. Basic IT-Skills



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## BRAMIR at a glance...

The BRAMIR project will develop and implement a multi-layered **learning framework designed for seniors** and older workers approaching retirement to enable them to be redeployed as **volunteers** to support the development of key **civic and social competences** within the established and growing **migrant communities**.

Therefore, the BRAMIR project will develop an innovative approach based on **psychographic profiling** using criteria including education, social and cultural values, work experience, interests, hobbies and lifestyle; instead of focussing solely on ethnicity or country of origin as the determining factors for social integration.

BRAMIR projects addresses **adult education trainers and providers, volunteer managers, migrant support workers, senior volunteers and migrants**.

If you are a member of one of these groups, why not contact us!

Website: <http://bramir.eu>

Facebook: <https://facebook.com/bramir.eu>



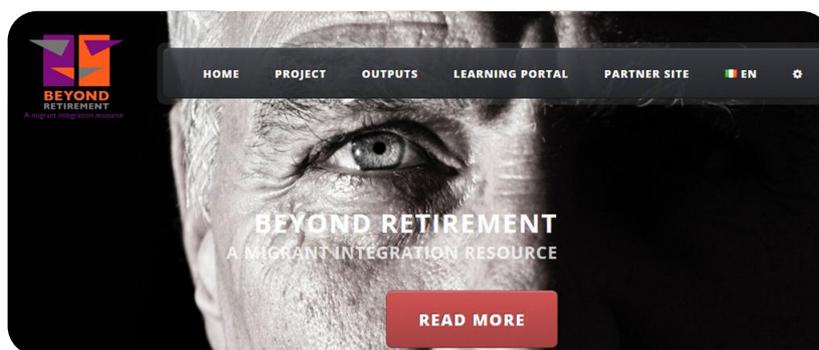
## Coming next...

- The **E-Learning Portal** will present the media-rich resources of the train-the-trainer curriculum meant for self-directed learning
- **Induction Training Programme** is directed to the adult educators and will give them an overview of the BRAMIR project & its project tools as well as a guideline for the general teaching approach that is used in these resources.
- **Digital Toolbox of Key Competences Acquisition Resources** will form a special set of resources selected by the project team and available in all partner languages of the BRAMIR partnership

## Get connected with BRAMIR...

- ❖ If you would like to join the **stakeholder** groups,
- ❖ if you are **trainer in adult education** and you are interested in developing and/or delivering the BRAMIR training to senior volunteers or
- ❖ if you are interested in **senior voluntary work** and you would like to participate in the BRAMIR training activities

Then please contact the partner in your home country or the project coordinator for further information.



**BRAMIR is...** The BRAMIR consortium comprises 9 partners and 1 associated partner. All together 8 Member States are represented: Germany, Ireland (2), Romania, Cyprus, Austria, Italy, France, Finland and an associate partner from Switzerland.

